

Assistance Available to Modesto JC Students (Spr'2019)

- **Food Pantry:** free pantry food and toiletry items
West Campus - Yosemite Hall, Room A106 from 10:00 AM (*4 and 18 April*)
East Campus - Staff Dining (Student Center) from 8:30 AM (*28 March, 11 and 25 April*)
- **Care Cupboard:** free pantry food
Emanuel Lutheran Church – 324 College Ave (across from MJC East Campus)
Every other Monday at 1:00 PM to 4:00 PM
- **Katie's Kitchen:** free hot breakfast
Emanuel Lutheran Church – 324 College Ave (across from MJC East Campus)
Tuesdays at 7:00 AM to 9:30 AM
- **FLOW:** Free Lunch on Wednesdays
East and West Campuses at 10:00 AM
- **Health Services (MJC):** assists MJC students with health and related issues
West Campus (209-575-6360) - Yosemite Hall, Room 114
East Campus (209-575-6037) - Morris Memorial, Room 108
- **Crisis Counseling at MJC** (209-575-6080)
West Campus – Yosemite Hall, Suite 147
East Campus – Student Services Building, Suite 226
- **2-1-1 (Stanislaus):** Health & Human Services agency sponsored by United Way
- **Community Impact Central Valley:** Transitional and permanent housing for individuals and families experiencing homelessness, or those at risk
Mondays – Fridays at 9:00 AM to 4:00 PM (209) 572-2437
- **Modesto Union Gospel Mission** – Shelter for men, women, and children. Breakfast and dinner served. Also include job training, counseling, case management, and other services. (209) 529-8259