

Chapter Thirteen

Protecting Against Infectious Diseases and Sexually Transmitted Infections; with Focus on Reducing Risks and Coping with Chronic Disease and Conditions

Know what is the term used for disease causing agents (*not virus, bacteria, or germs*)

Know two of the six ways to keep the body healthy, and more resistant to diseases causing Agents

Know two risk factors that you cannot control in contracting disease causing agents

Be able to list two ways that disease causing agents enter the body

Know what are two of the best ways to treat the influenza virus, also know as the flu

Be able to name two of the best ways to avoid being infected with a sexually transmitted infection or disease

Know what are two ways to prevent lower back pain