

Quiz/Assignment Nine

Family Health History Assignment *(40 points)*

On one side of a **5x8 card**, write your biological family’s history (*parents – brothers/sisters – grandparents – aunts/uncles*) of diseases or ailments such as:

- ✓ **Cardiovascular diseases**
(heart problems such as high cholesterol, hypertension [high blood pressure], and/or strokes)
- ✓ **Cancers** – *name which kind*
- ✓ **Diabetes** – *type I or II*
- ✓ **Seizures**
- ✓ **Addictions** – *name type*
- ✓ **Depression**
- ✓ **Other genetically linked ailments** – *such as multiple sclerosis (MS), sickle cell anemia, etc.*

This take home project is worth 40 points, though will provide you with priceless information on health challenges which will most likely effect **YOUR** the future.

On the back side, I want to you to write a 100+ word summation of what you have discovered, and what you are going to do about it.

Sample 5x8 card:

Name: _____ class day & time: _____

	Cardio <i>(examples above)</i>	Diabetes <i>(type 1 or 2)</i>	Seizures	Addictions	Depression	Cancers <i>(name kind)</i>
Mother						
Father						
Grandmother(m)						
Grandfather(m)						
Grandmother(f)						
Grandfather(f)						
Uncle(m/f)						
Aunt(m/f)						
Older sibling(s)						

Add or delete columns as needed