

✎ ASSIGNMENT- Family Health History ✎

On one side of a **5x8 card**, write your biological family's history (*parents - brothers/sisters - grandparents - aunts/uncles*) of diseases or ailments such as:

- ✓ Cardiovascular diseases
(heart problems such as high cholesterol, hypertension [high blood pressure], and/or strokes)
- ✓ Cancers - *name which kind*
- ✓ Diabetes - *type I or II*
- ✓ Seizures
- ✓ Addictions - *name type*
- ✓ Depression
- ✓ Other genetically linked ailments - *such as multiple sclerosis (MS), sickle cell anemia, etc.*

This take home project is worth 40 points, though will provide you with priceless information on health challenges which will most likely effect **YOUR** the future.

Sample 5x8 card:

Name:
class day & time:

	Cardio <i>(examples above)</i>	Diabetes <i>(type 1 or 2)</i>	Seizures	Addictions	Depression	Cancers <i>(name kind)</i>
Mother						
Father						
Grandmother(m)						
Grandfather(m)						
Grandmother(f)						
Grandfather(f)						
Uncle(m/f)						
Aunt(m/f)						
Older sibling(s)						

Add or delete columns as needed