

THE HARMFUL EFFECTS OF STEROIDS

HAIR

- Male balding pattern occurs in women (irreversible).

HEAD

- Frequent and continuous headaches.

EYES

- Yellow staining of the eyes.

BREATH

- Bad breath.

CHEST

- Breast development in males. Tissue surrounding the nipple becomes swollen and sore.

LIVER

- Liver tumors. Liver disease (jaundice). Complete liver failure may result.

ABDOMINAL/ INTESTINAL AREA

- Abdominal and stomach pains with possible hemorrhaging. Nausea, vomiting, and diarrhea.

PROSTATE GLAND

- Prostate enlargement.

SKIN

- Yellowing of the skin. Acne. Red spots and rashes over entire body. Stretch marks.

MUSCLES, TENDONS, & LIGAMENTS

- Increased risk of injury to muscles, tendons, and ligaments. Long periods of recovery from injuries. Muscle cramps.

ANKLE

- Swelling of the ankle or lower leg.

BRAIN & PERSONALITY

- Extreme mood swings and personality changes. Paranoia, anxiety, irritability, aggressive and violent behavior, rage, depression, insomnia, fatigue, and euphoria.

FACE

- Becomes round and puffy due to water retention. Acne. Increased facial hair growth in women.

TONGUE

- Sore tongue.

VOICE

- Hoarseness and deepening of the voice in women.

HEART

- Increased risk of heart disease, heart attack, stroke, and death. High blood pressure. Increase in cholesterol. Decrease in good cholesterol (HDL).

STOMACH

- Feeling of stomach bloating. Nausea, vomiting, and vomiting of blood.

KIDNEYS

(Not shown)

- Kidney disease. Kidney stones.

BLADDER

- Frequent urge to urinate. Painful.

REPRODUCTIVE SYSTEM

MALES

- Shrunken testicles. Sterility. Impotence. Frequent, painful, and continuing erections. Adolescents experience enlarged penis and increased erections.

FEMALES

- Changes in menstrual period. Infertility. Clitoral enlargement. Fetal damage.

INJECTION SITE

- Blood poisoning from injections. High risk of infectious diseases from non-sterile needles. Injection area(s) very tender and swollen.

BONES

- Loss of potential height (stunted growth) due to premature closure of ends of the bone. Bone pain.

