

# Modesto Junior College INSTRUCTOR'S SCHEDULE Spring 2019

Dr. Dave Shrock, FRGS  
Allied Health and Family Consumer Sciences

office: John Muir Hall 157- I  
*in the Family Consumer Science offices*

HOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	HOUR
7:30						7:30
8:00						8:00
8:20						8:20
9:00		<b>MHE-110</b> Healthful Living 8:45-10:10am Sierra Hall 137		<b>MHE-110</b> Healthful Living 8:45-10:10am Sierra Hall 137		9:00
9:20						9:20
9:40						9:40
10:00						10:00
10:20						10:20
10:40						10:40
11:00		<b>office hours</b> 10:20-11:45		<b>office hours</b> 10:20-11:45		11:00
11:20						11:20
11:40						11:40
12:00		<b>MHE-110</b> Healthful Living 11:45am-1:20pm Science 115		<b>MHE-110</b> Healthful Living 11:45am-1:20pm Science 115		12:00
12:20						12:20
12:40						12:40
1:00						1:00
1:20						1:20
1:40		<b>MHE-110</b> Healthful Living 1:30-2:55pm Muir 160		<b>MHE-110</b> Healthful Living 1:30-2:55pm Muir 160		1:40
2:00						2:00
2:20						2:20
2:40						2:40
3:00						3:00
3:20						3:20
3:40		<b>office hours</b> 3:00-3:50		<b>office hours</b> 3:00-3:50		3:40
4:00						4:00
4:20						4:20
4:40						4:40
5:00						5:00