Chapter Sixteen
Making Smart Health Care Choices and
Understanding Complementary and Alternative Medicine

Quiz Clues

✓ Be able to name two of the five major domains of CAM

✓ Know what percentage of Americans use some form of CAM

✓ Be able to list what CAM means

✓ Be able list two instances when you should seek medical attention

✓ Be able to list two types of managed care plans

✓ Be able to list one component of the Affordable Healthcare act that relates to young adults and health coverage

✓ Be able to list two important factors to consider when selecting a care provider