THE HARMFUL EFFECTS OF
STEROIDS

HAIR
- Male balding pattern occurs in women (irreversible).

HEAD
- Frequent and continuous headaches

EYES
- Yellow staining of the eyes

BREATH
- Bad breath

CHEST
- Breast development in males. Tissue surrounding the nipple becomes swollen and sore.

LIVER
- Liver tumors. Liver disease (cirrhosis). Complete liver failure may result.

ABDOMINAL/INTESTINAL AREA
- Abdominal and sternal pains with possible hemorrhaging. Nausea, vomiting, and diarrhea.

PROSTATE GLAND
- Prostate enlargement.

SKIN

MUSCLES, TENDONS, & LIGAMENTS
- Increased risk of injury to muscles, tendons, and ligaments. Long periods of recovery from injuries. Muscle cramps.

ANKLE
- Swelling of the ankle or lower leg.

BRAIN & PERSONALITY
- Extreme mood swings and personality changes. Paranoid, anxious, irritable, aggressive and violent behavior, rage, depression, insomnia, fatigue, and euphoria.

FACE
- Becomes round and puffy due to water retention. Acne, increased facial hair growth in women.

TONGUE
- Sore tongue

VOICE
- Hoarseness and deepening of the voice in women.

HEART
- Increased risk of heart disease, heart attack, stroke, and death. High blood pressure. Increase in cholesterol. Decrease in good cholesterol (HDL).

STOMACH
- Feeling of stomach bloating. Nausea, vomiting, and vomiting of blood.

KIDNEYS

BLADDER
- Frequent urge to urinate. Painful.

REPRODUCTIVE SYSTEM MALES
- Strained testicles. Sterility. Impotence. Frequent, painful, and continual erections. Adolescents experience enlarged penis and increased erections.

FEMALES

INJECTION SITE
- Blood poisoning from injections. High risk of infectious diseases from non-sterile needles. Injection area(s) very tender and swollen.

BONES
- Loss of potential height (stunted growth) due to premature closure of ends of the bone. Bone pain.